

ScotDance Canada Suite - Second Draft

Arms - When arms are in 1st position, the skirt should be held as in Scottish National dances.

Special Movements

Body Wave –using the arms to lead the body, roll the body forward from the waist until the body and arms are extended parallel to the floor in 3rd pos., then reverse the roll to finish in the starting position.

Inverted 2nd pos. of the arms - Similar to 2nd pos. in Highland dancing, but the palm of the hand faces outwards.

Inverted 3rd pos. of the arms - Similar to 3rd pos. in Highland dancing, but the backs of the hands face each other.

Bourée under – As in Scottish National dances, stepping 3rd rear, 2nd, 3rd pos.

Bourée derrière – As in Scottish National dances, stepping 3rd rear, 2nd, 3rd rear

Starting position: Facing RDF kneeling on R knee, LF flat in front, arms 1st pos.

March

First Step

Bar 1 - bring L arm across body to R arm and return to 1st pos (1, 2), stand up on LF, place RF on ½ point in 3rd crossed and pivot turn to the left (3, 4)

Bar 2 - Step LF to 4th pos. flat bring RF to 3rd rear, plié on LF bringing R arm in front of body (5, 6), bringing arm back to 1st bourée under with RF turning to the to finish facing LDF (7 & 8)

Bar 3 - disassemble onto LF bringing RF to 3rd rear aer., execute a round the leg movement to 3rd aer., hop LF and extend RF to 4th aer. (1 & 2), take 2 small steps to 4th rear, RF, LF, close RF 1st (3 & 4)

Bar 4 - Russian bourée with LF to 4th pos (& 5 & 6), bourée under with RF turning to the right to finish facing front (7 & 8)

Arms: 1st pos. unless otherwise noted.

Second Step

Bar 1 - Disassemble onto the LF and glide RF flat toward 4th intermediate (& 1), hop RF then step LF across RF towards RDF (& 2), spring onto RF and point LF to 4th pos facing RDF (3), turning to face LDF, pass LF through 3rd aer and close in 3rd rear without elevation (& 4)

Bar 2 - Spring onto RF, step LF on the ½ point to 4th pos then close RF on ball in 3rd rear (5 & 6), turning to the left, hop RF then place L heel in 3rd pos, beat RF in 3rd rear to finish facing front (7 & 8)

Bar 3 & 4 - Repeat Bar 1 & 2 on the left side, turning to the right in Bar 4 to finish facing LDF.

Arms: 1st pos. throughout

Third Step

Bar 1 - Hop LF pointing RF in 4th pos., hop LF taking RF to 3rd aer., hop LF executing a round the leg movement with the RF to 3rd rear aer., extend RF to 2nd aer. high (1, 2, 3, 4)

Bar 2 - Bourée derrière with RF towards LDB (5 & 6), hop RF and execute a jig shuffle with LF (and and a), spring LF and execute a jig shuffle with RF (7 and and), spring onto LF and point RF in 3rd rear (a 8), spring onto LF and take RF to 4th aer low. (&) during (and and a 7 and and a 8) turn to the left to finish facing RDF.

Bar 3 - Step onto RF and execute a body wave taking LF to 3rd rear (1, 2), stepping LF to 4th rear flat, return body to upright position and point RF 4th pos. returning arms to 1st pos. (3, 4)

Bar 4 - Facing front, execute 2 counts of a strathspey movement stepping onto RF (1 &), execute 2 rocks springing RF, LF (2 &), step RF to 4th rear flat leaving LF pointed in 4th pos. (3), draw LF in to RF to close 3rd pos. flat (4)

Arms: Bar 1 – 1st pos. taking R arm outwards and upwards to 2nd pos. (4), Bar 2 – lower L arm to 1st (5 & 6)

Bar 5 - 8 - Beginning with a 1/8 turn to the R to face RDF, repeat Bars 1 - 4 on the left side, turning to the R in Bar 2.

Strathspey

Strathspey with Extension

Bar 1 - Execute a strathspey movement stepping onto RF with an extension to 4th int aer. instead of the round the leg movement (1, 2, 3 & 4)

Bar 2 - Repeat Bar 1 stepping on LF (5, 6, 7 & 8)

Bar 3 - Spring onto RF taking LF to 3rd rear aer., execute 3 backsteps springing LF, RF, LF (1, 2, 3, 4)

Bar 4 - Spring onto RF taking LF to 3rd rear aer, passing through 3rd aer. spring onto LF taking RF to 3rd rear aer. (5, 6), spring onto RF and execute a Highland Fling shake with the LF (7 and a 8)

Bar 5 - Assemble RF 3rd pos, pause (1, 2), step RF to 2nd pos., close LF to RF in 3rd rear and release RF to 4th int. aer. (3, 4)

Bar 6 - Execute a balance movement springing RF, LF (5, 6), spring onto RF taking LF to 3rd rear aer., hop RF executing a round the leg movement with the LF to 3rd aer. (7, 8)

Bar 7 - Hop RF pointing LF in 4th int., hop RF taking LF to 3rd aer. (1, 2), Spring LF point RF 4th int., hop LF taking RF to 3rd aer. (3, 4)

Bar 8 - Assemble RF in 3rd pos. (5), Leap finishing LF 3rd pos. (6, 7), pause (8)

Arms: Bars 1 - 4; 1st pos., Bar 5; take arms to 5th pos. (1), 3rd pos. (3), Bar 6; 3rd pos., Bar 7; 2nd pos., changing to the other side (3), Bar 8; 1st pos.

Bars 9 - 16: Repeat Bars 1 - 8 on the LS

Schottische

Bar 1 - Disassemble to face RDF and execute Bar 1 of the 2nd step of the Highland Fling (1, 2, 3, 4)

Bar 2 - Turning to the right to finish facing LDF, Step RF to 2nd pos., close LF to RF 3rd rear, step RF to 2nd, hop RF taking LF to 3rd rear aer. (5, 6, 7, 8)

Bars 3 & 4 - Beginning with a hop instead of a disassemble, repeat Bars 1 & 2 on the other side turning to the left in Bar 4 to finish facing RDF

Bar 5 - Step RF across LF, hop RF taking LF to 3rd rear aer., step LF behind, hop LF passing RF through 3rd aer. to the back (1, 2, 3, 4)
 Bar 6 – Making a complete turn to the right to finish facing RDF, execute a pas de bourée under turning to the right (5, 6, 7), hop RF taking LF to 3rd rear aer. (8)
 Bar 7 - Step LF across RF, hop LF taking RF to 3rd rear aer., step RF behind then hop RF executing a small Hornpipe shake to 2nd aer. (1, 2, 3 & a 4)
 Bar 8 – Pas de bourée derrière with LF releasing RF to 2nd aer. (5, 6, 7), spring onto RF taking LF to 3rd rear aer. (8)
 Arms: 1st pos. throughout bringin opposite arm from working leg across the body in count 1 of Bars 5 & 7
 Bars 9 - 15: Repeat Bars 1 - 7 on the other side facing RDF in bars 9 & 10, facing LDF Bars 11 & 12 and turning to the left in Bar 14
 Bar 16 - Step RF in 3rd rear releasing LF to 2nd aer., (5, 6), Assemble finishing RF 3rd pos. facing front (7, 8)

Reel

Hop Brush Beat Beat & Leap

Bar 1 - Disassemble onto LF executing a hop brush beat beat movement with the RF (1 and a 2), step RF on the ½ point on 3rd rear, beat LF in 3rd pos. (& 3), step RF on the ½ point in 3rd pos., beat LF in 3rd rear and finish by extending RF to 4th int. aer. low (& 4) during Bar 1 make a complete turn to the right.
 Bar 2 - Hop LF keeping RF in 4th int. aer. low, during the elevation beat LF against RF maintaining straight legs (5), assemble with RF 3rd pos. (6), brush LF to 4th int. aer pos. and assemble with LF in 3rd pos. (& 7), brush RF to 4th int. aer. pos and assemble with RF in 3rd pos. (& 8)
 Bar 3 - Leap without change (1), entrechat (& 2), disassemble onto LF taking RF to inverted 2nd aer. (3), execute a ball change movement with RF in 3rd pos. (& 4)
 Bar 4 - Execute a syncopated hop with the RF turning to the right finishing with RF extension to 4th int. aer. (5 & 6), spring onto RF taking LF to 3rd rear aer., hop LF executing a round the leg movement to 3rd aer. (7, 8)
 Arms: Bar 1; 2nd pos., Bar 2; take arms to 1st pos. (6), Bar 3; take arms to 3rd pos. through inverted 3rd pos. (3 & 4), Bar 4; take arms to 2nd pos (3)
 Bars 5 - 8: Beginning with a hop instead of a disassemble, repeat Bars 1 - 4 on the other side turning to the left in Bars 5 & 8

Assemble & Invert

Bar 1 - Assemble with RF in 3rd pos., step RF to 2nd pos, close LF to RF releasing RF to 2nd aer low. (1 & 2), repeat with same foot (3 & 4)
 Bar 2 - Execute two high cuts without extension springing RF, LF (5 & 6 &), spring onto RF then step on heel of LF in 4th int. pos., close RF on ball in 3rd rear (7 & 8)
 Bar 3 - Assemble with LF in 3rd pos., with minimal elevation invert SF taking RF to inverted 2nd aer., then close RF in 3rd pos. (1 & 2), execute a pas de basque valse (as in the Scotch Measure) to 4th int. with LF in 3rd rear. (3 & 4)
 Bar 4 - Without an extension of the LF, repeat counts 1 & 2 of Bar 3 with the opposite foot (5 & 6), execute a hop and travel movement with the LF (7 & 8)

Arms: 1st pos.

Bars 5 - 8: Repeat Bars 1 - 4 on the other side

Side Heel Toe & Turn

Bar 1 - Facing RDF, traveling to RDB and gradually turning to face the back, execute Bar 1 of the 8th step of the Seann Truibhas using 3rd aer. (1 & 2 & 3 & 4)

Bar 2 - Taking RF through 3rd rear aer. execute 2 shuffle over the buckle movements (omitting the first shuffle and hop) turn to face front (5 and and a 6 and and a 7 and and a 8) finishing with an extension RF to 4th int. aer.

Bar 3 - Execute a balance movement springing RF, LF (1, 2) assemble with RF in 3rd pos., with minimum elevation jump on balls of both feet in 2nd pos. assemble LF in 3rd (3 & 4)

Bar 4 - Making a half turn to the right disassemble onto LF and place heel of RF in 3rd and beat LF in 3rd rear (5 & 6), repeat counts 5 & 6 on other foot completing the turn to the right (7 & 8)

Arms: Bar 1; 2nd pos., Bar 2; take left arm outwards and downwards to 5th pos then keeping both arms rounded as in 5th pos., circle them out and around on the right side of the body to finish in 3rd, Bar 3; take arms outwards and downwards to clasp behind the back (& 4), Bar 4: Arms remain clasped behind the back.

Bars 5 - 8: Beginning facing LDF, repeat Bars 1 - 4 on the other side making a turn to the left in Bars 5 & 6 and 8

Glide & High Cut

Bar 1 - With a right shoulder lead hop LF and glide RF flat toward 4th intermediate (& 1), hop RF then step LF across RF towards RDF releasing RF to 2nd aer. (& 2), hop LF high cut RF (3&), extending RF to 2nd aer., hop LF and high cut in front RF (4&)

Bar 2 - Hop LF extending RF to 2nd aer and high cut in front RF, step RF on the ½ point to forward 2nd pos. and close LF in 3rd rear releasing RF to 2nd aer. (5& a 6), turning to face RDF, spring onto RF taking LF to 3rd rear aer., hop RF executing a round the leg movement with LF to 3rd aer. (7, 8)

Bar 3 - Repeat Bar 1 on the other side with a left shoulder lead to finish facing front (& 1 & 2, 3& 4&)

Bar 4 - Execute Hornpipe Break 'B' with shakes finishing by releasing RF to 2nd aer. (5 and and a 6 and and a 7 & 8)

Arms: Bars 1 & 2; 2nd pos. changing to other side (7), Bar 3; 2nd pos., Bar 4; 1st pos.

Bars 5 - 7: Beginning with a spring instead of a hop, repeat Bars 1 - 3 with the other foot

Bar 8 - Hop LF, step RF to 3rd rear and execute a Hornpipe shake LF (5 and and a), step LF 3rd rear (6), turning to face RDF hop LF passing RF through 3rd aer, step RF 4th rear leaving LF pointed int 4th pos., bring hands together holding skirt in front of 1st pos. then take right arm to 2nd pos. and left arm to 1st (7, 8)